



## **BULLETIN:**

### **Child and Adult Care Food Program**

**Child & Adult Care Centers,  
Emergency Shelters, OSHC, &  
Sponsors of Family Day Care Homes**

[www.education.alaska.gov/tls/cnp](http://www.education.alaska.gov/tls/cnp)

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**To:** CACFP Agencies  
CACFP Program Reviewers

**Date:** October 24, 2016

**From:** Ann-Marie Martin  
CACFP Coordinator

**Bulletin:** 2017-01

Program changes as a result of USDA Policy Memos and Technical Assistance Memos are to be implemented immediately. Please file this bulletin for reference, guidance and compliance with the Child and Adult Care Food Program. Feel free to call the Child Nutrition Programs office if you need further clarification.

#### **USDA Policy Memos**

1. CACFP 02-2017 Grain Requirements in the CACFP; Q&A
2. CACFP 03-2017 Q&A: Purchasing Goods and Services Using Cooperative Agreements, Agents, and Third-Party Services

#### **Bulletin Topics**

3. USDA resources for new meal pattern
4. National Food Day – October 24, 2016
5. New trainings on DEED eLearning
6. Alaska workplaces can apply for funding to make breastfeeding easier for employees and clients
7. ICN Mealtime Memo: Got Leafy Greens?

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#### **1. CACFP 02-2017 Grain Requirements in the CACFP; Q&A**

This memorandum explains the grain requirements for the Child and Adult Care Food Program. It also includes Questions and Answers. As a reminder, the new meal pattern goes into effect next fall (October 1, 2017) but you may want to start using more whole grains, taking grain-based desserts off your menus, and purchasing lower sugar cereals to make the transition in the future easier.

#### **2. CACFP 03-2017 Q&A: Purchasing Goods and Services Using Cooperative Agreements, Agents, and Third-Party Services**

This memorandum provides general guidance on the various procurement groups FNS has identified, how to use each group in a way that complies with Federal procurement standards, and supersedes SP 35-2012, Procuring Services of Purchasing Cooperatives, Group Purchasing Organizations, Group Buying Organizations, etc., dated June 12, 2012. This memorandum applies to all Child Nutrition Program operators.

#### **3. USDA Resources for new meal pattern**

FNS is providing information on the updated Child and Adult Care Food Program (CACFP) meal patterns with a fresh, new look! Spanish versions of the materials are coming soon!

- CACFP Best Practices
- Updated Meal Patterns: Child and Adult Meals
- Updated Meal Patterns: Infant Meals
- Updated Meal Patterns to Lower Costs

The above materials can be found on the CNP CACFP Bulletins page at:

Remember, the new meal patterns go into effect October 1, 2017. Complete training will be provided this winter and agencies will have the opportunity to request early implementation.

#### **4. National Food Day / Local Lunch Day – October 24, 2016**



**Did your program participate in Local Lunch Day on October 24<sup>th</sup> in celebration of Food Day by serving a food item that was grown or harvested in Alaska?**  
**If yes, you could receive the special prize of a Sunkist Sectionizer (valued at \$250.00).**



**Go to <https://www.surveymonkey.com/r/MJ887HL>  
and complete the survey by November 30, 2016 to have your  
agency or school's name in the drawing.**

**For more information please contact:**

**Sue Lampert  
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#### **5. New trainings on DEED eLearning**

New trainings have been posted on the Department of Education and Early Development (DEED) eLearning website and we encourage you and your staff to utilize these trainings. The following trainings are available:

- CACFP Administration Basics
- CACFP Participant Enrollment and Eligibility (walks you through the One Month Enrollment Report process)
- CACFP Family Style Dining
- Infant Feeding in the CACFP
- Child Nutrition Program: Procurement Plan
- Child Nutrition Program: Informal Procurement
- Child Nutrition Program: Formal Procurement
- Child Nutrition Program: Civil Rights

If you have new staff (especially administrative staff overseeing CACFP) they should take the trainings that are relevant to your agency. We will no longer have conference call trainings for new programs or new staff at existing programs. The online trainings may also be required for review findings, or when we realize you do not understand the processes as we work with you during the year. Sometimes it helps to hear information more than one time so please use these trainings to assist you in operating the CACFP with integrity.

The DEED eLearning website: <https://education.alaska.gov/ELearning/>  
 An eLearning overview can be found with this bulletin at  
<http://education.alaska.gov/tls/cnp/CACFP4.html>.

#### **6. Alaska workplaces can apply for funding to make breastfeeding easier for employees and clients**

Federal grants will provide one \$15,000-dollar “privacy pod,” and 15 \$1,000 awards for renovations to accommodate and support lactating mothers.

With funding from the Association of Maternal and Child Health Programs (AMCHP) and the Association of State and Territorial Health Officials (ASTHO), the Section of Women’s Children’s Family Health (WCFH) within the state Division of Public Health, is offering financial incentives for Alaska workplaces to encourage them to initiate or expand workplace breastfeeding accommodation and support efforts.

The Alaska Workplace Breastfeeding Support Project is now accepting applications from employers for 3 levels of sponsorships to help them offer breastfeeding and lactation support to employees:

- **Level 1:** One Alaska employer will be granted a lactation pod from [www.mamava.com](http://www.mamava.com), a portable, private space with seating, shelving, and electrical and USB ports, to allow mothers to breastfeed or pump as needed.
- **Level 2:** 15 Alaska employers will be granted \$1,000 each to fund breastfeeding accommodations and support activities, including renovations as needed.
- **Level 3:** All applicants will receive technical assistance to develop workplace breastfeeding accommodation policy based on ACA FLSA requirements. Applicants may also only apply for technical assistance.

Breastfeeding is recognized as the best source of nutrition for most infants, and strategies to support breastfeeding mothers and babies are some of the most effective measures to protect and promote the health of all infants. But many workplaces lack facilities or policies to support breastfeeding mothers, and that is a persistent barrier for women to initiate and continue to exclusively breastfeed their babies.

In some cases, these employers are actually in violation of Federal law. The Affordable Care Act (ACA) amended Section 7 of the Fair Labor Standards Act (FLSA) to require employers with more than 50 employees to provide reasonable breaks for an employee to express breast milk for her nursing child for one year after the birth of the child.

The American Academy of Pediatrics (AAP) recommends breastfeeding for at least the first 12 months of life. While nearly all Alaskan babies are breastfed soon after birth, fewer than half are still breastfeeding at 6 months.

“I was proud to breastfeed my own children, as my family has done for thousands of years. Breastfeeding fosters both bonding and health for breastfeeding mothers and their new babies,” said Valerie Davidson, Commissioner of the Alaska Department of Health and Social Services. “Businesses and communities play an important role in supporting this new family bond, and this project will help employees and visitors reach their breastfeeding goals. We ask Alaska clinics, employers, businesses, schools, libraries, and churches to help us support safe spaces for breastfeeding mothers and families so that they get the encouragement they seek and deserve.”

More information on Mamava Pods is available here: [www.mamava.com/mamava-suite/](http://www.mamava.com/mamava-suite/)

More information on the Affordable Care Act, and its impact on the Fair Labor Standards Act, is available here: [www.usbreastfeeding.org/workplace-law](http://www.usbreastfeeding.org/workplace-law)

Details for Interested Applicants:

- All Alaska workplaces are eligible to apply to participate in the Alaska Workplace Breastfeeding Support Project. Applicants must include proof of support from building/facilities management for placement of the lactation pod or other physical changes to their workplace.
- The online application is available at: [dhss.alaska.gov/dph/wcfh/Pages/default.aspx](http://dhss.alaska.gov/dph/wcfh/Pages/default.aspx)
- **The deadline to apply is: Friday, Nov. 18, 2016 at 11:59 p.m.**
- Successful applicants will be announced and informed by: Tuesday, Dec. 6, 2016.

## **7. Mealtime Memo: Got Leafy Greens?**

This month’s Mealtime Memo focuses on leafy greens and how they can be used in a variety of ways to enhance nutrition. You can find the Mealtime Memo at the CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

### **Contact Information**

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### **Commonly Used Acronyms**

CACFP – Child and Adult Care Food Program  
CNP – Child Nutrition Programs  
FNS – Food & Nutrition Services  
FNSRO-Food & Nut Services Reg. Office  
USDA – U.S. Department of Agriculture  
LEA – Local Education Authority  
DEC – Department of Conservation

All attachments for this bulletin can be found on the State of Alaska Child Nutrition Programs, CACFP Bulletins page: <http://education.alaska.gov/tls/cnp/CACFP4.html>.

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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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